

May 2022

(1.) Events are on Channel 370 unless otherwise noted; (2.) ♦ = events shown in Emerald Room but also shown on Channel 370; (3.) Bold indicates an off Campus event or special notice! 🏹 (4.) **New!** Fitness Trifecta, 8:15 AM to 10:30 AM {8:15 AM Sunrise Fitness; 9 AM Posture and Balance and 10 AM Seated Zumba Gold}.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
🏹 8:15 AM Fitness Trifecta 1 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 2 10 AM Depart: Grocery Shopping Trip 10 AM The Bonsai Group, SAM 1 PM Monday Painters, CAS 1 PM <i>Mangroves: The Beautiful Habitats on Earth</i> 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 3 10:30 AM <i>Keeping Our Spirits Up in 2022</i> 1 PM Tuesday Crafters, CAS 1 PM Alzheimer's & Dementia Carepartner Support, SAM 1:30 PM Readers' Theatre Group, TAH 2 PM Special Programming 3:30 PM Let's Line Dance!, FS 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 4 10 AM Railroad Group, CAS 10 AM Lawn Bowling 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 1 PM <i>Andre Rieu: Concert in Tel Aviv, Israel</i> 2 PM Cribbage, Atrium P-3 2 PM Special Programming 2 PM Let's Play wii Bowling, AVR 7 PM Pinochle, TAH 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 5 10 AM Bible Study, SAM & AVR 10 AM Sweety's Painting Class, CAS 10:30 AM <i>Evergreen Speech & Hearing</i> , TAH 11:30 AM Cinco de Mayo Performance, EMR 1 PM Furniture Sale Preview, 4th floor & #2516 2 PM New Residents Health Services Orientation, TAH 2 PM Ukelele Chorus, EMR 2 PM Special Programming 6:45 PM Movie: <i>Tortilla Soup</i> 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 6 9 AM Furniture Sale, 4th floor & #2516 10 AM Thrift Shop Opens, Thrift Shop 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Depart: Rhododendron Garden, Federal Way 1 PM Grant's Live Chat, EMR♦ 2 PM Special Programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 7 10 AM Furniture Sale & Pick Up, 4th floor & #2516 10 AM Lawn Bowling 2 PM Special Programming 2 PM Mexican Train, CAS 9 PM Special Programming
🏹 8:15 AM Fitness Trifecta 8 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 9 8:30 AM Depart: Rattlesnake Ridge Hike 10 AM Depart: Grocery Shopping Trip 10:30 AM EH Quilters, Atrium H-3 1 PM Monday Painters, CAS 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 3 PM <i>When Dinosaurs Roamed America</i> 7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 10 9:00 AM KCLS books arrive, TAH 10:30 AM IL Resident Assn. Quarterly, PAV 1 PM Tuesday Crafters, CAS 1 PM <i>Chocolate Perfection....</i> 2 PM Special Programming 3 PM Dr. David Smith: Mormonism EMR 4 PM Atrium E Party 4PM Trailside Monthly Party, SAM & AVR 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 11 10 AM Railroad Group, CAS 10 AM New Residents Orientation: Resident Services, TAH 10 AM Lawn Bowling 11:30 AM Community Prayer, Chapel 1 PM <i>Hands-only CPR/AED Training</i> , EMR 1 PM Mahjong, TAH 2 PM Cribbage, Atrium P-3 2 PM Special Programming 2 PM Depart: Costco Shopping 6:15 PM Depart: Seattle Opera 6:30 PM Depart: Village Theatre, Issaquah 7 PM Pinochle, TAH 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 12 10 AM Bible Study, SAM & AVR 11 AM <i>Holy Family Youth Bell Choir</i> , EMR♦ 1 PM <i>Osher-UW Lecture: Escavating Dinosaurs in Montana</i> 2 PM Special Programming 4 PM Atrium P3 Party 7 PM Poker CAS 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 13 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Grant's Live Chat, EMR♦ 2 PM Special Programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 7 PM Issaquah Singers Musical Performance: <i>Friendship</i> , EMR 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 14 10 AM Lawn Bowling 12 PM Depart: Village Theatre, Issaquah 2 PM Special Programming 2 PM Easy Cards & Games, CAS 6:45 PM Movie: <i>The Frisco Kid</i> 9 PM Special Programming
🏹 8:15 AM Fitness Trifecta 15 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 16 9:30 AM Depart: Dinos Alive, Seattle 10 AM Depart: Grocery Shopping Trip 1 PM Monday Painters, CAS 1 PM Women's Carepartner Connect, SAM 1 PM Depart: Bellevue Square, shopping 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 3 PM Films to Think About: <i>Another Year</i> , EMR♦ 7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 17 10 AM New Residents Orientation: Dining, <i>Madrona</i> 11 AM <i>After the Fall</i> , EMR 1 PM Tuesday Crafters, CAS 1:30 PM Readers' Theatre Group, AVR 2 PM Special Programming 3:30 PM Let's Line Dance!, FS 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 18 10 AM Railroad Group, CAS 10 AM Lawn Bowling 11 AM <i>After the Fall</i> , AL TV 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 1 PM Parkinson's Carepartner Support, SAM 1 PM Brands We Love: Schwinn, EMR 2 PM Let's Play wii Bowling, AVR 2 PM Cribbage, Atrium P-3 2 PM Special Programming 3 PM HBO: <i>The Gilded Age</i> , EMR♦ 4 PM Atrium H1 Party 7 PM Pinochle, TAH 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 19 8:30 AM Buildings & Grounds, BR 9:30 AM Depart: Seattle Rep, Selling Kabul 10 AM Bible Study, SAM & AVR 2 PM Special Programming 2 PM Ukelele Chorus, EMR 6:45 PM Movie: <i>Respect</i> 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 20 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Depart: Elysian Capitol Hill Brewery, Seattle 1 PM Grant's Live Chat, EMR♦ 2 PM Special programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 7:30 PM May Birthdays featuring <i>Ronni & the X-Statics</i> , EMR♦ 9 PM Special Programming	🏹 8:15 AM Fitness Trifecta 21 10 AM Lawn Bowling 2 PM Special Programming 2 PM Mexican Train, CAS 9 PM Special Programming

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> 8:15 AM Fitness Trifecta </div> <div> 22 </div> </div> <div> 10:15 AM Depart: <i>BelPres</i> 11 AM Livestream Bel Pres Worship Service, EMR 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 23 </div> </div> <div> 10 AM Depart: Grocery Shopping Trip 1 PM Monday Painters, CAS 1:30 PM Depart: Pickleballers for Courts 2 PM <i>Welcome Aboard, PAV & Courtyard</i> 2 PM Special Programming 7 PM Duplicate Bridge, Copper & Hook 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 24 </div> </div> <div> 10 AM New Residents Orientation: Marketing, TAH 1 PM Tuesday Crafters, CAS 3 PM Dr. David Smith: Mormonism EMR 2 PM Special Programming 4 PM Atrium P1 Party 7 PM Mary Lou Sanelli: <i>Crow, A Tribute to the Birds We Love</i>, EMR 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 25 </div> </div> <div> 10 AM Garden Railroad Group, CAS 10 AM Lawn Bowling 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 1 PM <i>The New Air Force One: Flying Fortress</i> 2 PM Cribbage, Atrium P-3 2 PM Special Programming 3 PM HBO: The Gilded Age, EMR♦ 7 PM Pinochle, TAH 9 PM Special Programming </div> <div> <div>Deadline for subscribing to Seattle Pops, Seattle Masterworks and Village Theatre 2022/2023 Season</div> </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 26 </div> </div> <div> 10 AM Bible Study, SAM only 10 AM New Residents Orientation: Accounting, TAH 1 PM <i>Becoming Warren Buffett</i> 1 PM Knitwits, LR 2 PM Special Programming 4 PM <i>Palliative Care</i>, EMR 6:45 Movie: 7 PM Poker CAS 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 27 </div> </div> <div> 10 AM Depart: Grocery Shopping Trip 9 AM Placing Flags on EH campus, LR 10 AM Catholic Mass, EMR 11 AM Episcopal Service and Communion, Chapel 12 PM Fun Food Friday: Ooba Tooba Mex Grill, LR 1 PM Grant's Live Chat, EMR♦ 2 PM <i>Memorial Day Music: Lifting the American Spirit!</i> 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> EMR 4:45 Last Friday Social, EMR 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 28 </div> </div> <div> 10 AM Lawn Bowling 2 PM Special Programming 2 PM Easy Cards & Games, CAS 6:45 PM Movie: <i>The Unsinkable Molly Brown</i> 9 PM Special Programming </div>
<div> <div> 8:15 AM Fitness Trifecta </div> <div> 29 </div> </div> <div> 10:15 AM Depart: <i>BelPres</i> 11 AM Livestream Bel Pres Worship Service, AL TV 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 30 </div> </div> <div> 1 PM Monday Painters, CAS 2 PM Special Programming 7 PM Duplicate Bridge, Copper & Hook 9 PM Special Programming </div>	<div> <div> 8:15 AM Fitness Trifecta </div> <div> 31 </div> </div> <div> 10 AM Men's Carepartner Connect, SAM 1 PM Tuesday Crafters, CAS 2 PM Special Programming 7:30 PM, Poker, CAS 9 PM Special Programming </div>	<div> <div> <div>EH Meeting Spaces and Room Key:</div> <div> <div> <div>Emerald Room</div> <div>EMR</div> </div> <div> <div>Avondale Room</div> <div>AVR</div> </div> <div> <div>Sammamish Room</div> <div>SAM</div> </div> <div> <div>Pavilion</div> <div>PAV</div> </div> <div> <div>Creative Arts Studio</div> <div>CAS</div> </div> <div> <div>Tahoma Room</div> <div>TAH</div> </div> <div> <div>Board Room</div> <div>BR</div> </div> <div> <div>Coffee Shop</div> <div>CS</div> </div> <div> <div>Living Room</div> <div>LR</div> </div> <div> <div>Fitness Studio</div> <div>FS</div> </div> <div> <div>AL TV Room</div> <div>AL TV</div> </div> </div> </div> </div> <div> <div>TBD = Location To Be Determine.</div> <div>Check for Daily Schedule and slides on Channel 370 & Events Calendar in the Portal for most current information</div> </div>			<div> </div>