































May 2022

(1.) Events are on Channel 370 unless otherwise noted; (2.)  = events shown in Emerald Room but also shown on Channel 370; (3.) **Bold** indicates an off Campus event or special notice!  (4.) **New!** Fitness Trifecta, 8:15 AM to 10:30 AM {8:15 AM Sunrise Fitness; 9 AM Posture and Balance and 10 AM Seated Zumba Gold}.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 8:15 AM Fitness Trifecta 1 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	 8:15 AM Fitness Trifecta 2 10 AM Depart: Grocery Shopping Trip 10 AM The Bonsai Group, SAM 1 PM Monday Painters, CAS 1 PM <i>Mangroves: The Beautiful Habitats on Earth</i> 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	 8:15 AM Fitness Trifecta 3 10:30 AM <i>Keeping Our Spirits Up in 2022</i> 1 PM Tuesday Crafters, CAS 1 PM Alzheimer's & Dementia Carepartner Support, SAM 1:30 PM Readers' Theatre Group, TAH 2 PM Special Programming 3:30 PM Let's Line Dance!, FS 9 PM Special Programming	 8:15 AM Fitness Trifecta 4 10 AM Railroad Group, CAS 10 AM Lawn Bowling 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 1 PM <i>Andre Rieu: Concert in Tel Aviv, Israel</i> 2 PM Cribbage, Atrium P-3 2 PM Special Programming 2 PM Let's Play wii Bowling, AVR 7 PM Pinochle, TAH 9 PM Special Programming	 8:15 AM Fitness Trifecta 5 10 AM Bible Study, SAM & AVR 10 AM Sweety's Painting Class, CAS 10:30 AM <i>Evergreen Speech & Hearing</i> , TAH 11:30 AM Cinco de Mayo Performance, EMR 1 PM Furniture Sale Preview, 4th floor & #2516 2 PM New Residents Health Services Orientation, TAH 2 PM Ukelele Chorus, EMR 2 PM Special Programming 6:45 PM Movie: <i>Tortilla Soup</i> 9 PM Special Programming	 8:15 AM Fitness Trifecta 6 9 AM Furniture Sale, 4th floor & #2516 10 AM Thrift Shop Opens, Thrift Shop 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Depart: Rhododendron Garden, Federal Way 1 PM Grant's Live Chat, EMR  2 PM Special Programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 9 PM Special Programming	 8:15 AM Fitness Trifecta 7 10 AM Furniture Sale & Pick Up, 4th floor & #2516 10 AM Lawn Bowling 2 PM Special Programming 2 PM Mexican Train, CAS 9 PM Special Programming
 8:15 AM Fitness Trifecta 8 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	 8:15 AM Fitness Trifecta 9 8:30 AM Depart: Rattlesnake Ridge Hike 10 AM Depart: Grocery Shopping Trip 10:30 AM EH Quilters, Atrium H-3 1 PM Monday Painters, CAS 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 3 PM <i>When Dinosaurs Roamed America</i> 7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	 8:15 AM Fitness Trifecta 10 9:00 AM KCLS books arrive, TAH 10:30 AM IL Resident Assn. Quarterly, PAV 1 PM Tuesday Crafters, CAS 1 PM <i>Chocolate Perfection...</i> 2 PM Special Programming 3 PM Dr. David Smith: Mormonism EMR 4 PM Atrium E Party 4PM Trailside Monthly Party, SAM & AVR 9 PM Special Programming	 8:15 AM Fitness Trifecta 11 10 AM Railroad Group, CAS 10 AM New Residents Orientation: Resident Services, TAH 10 AM Lawn Bowling 11:30 AM Community Prayer, Chapel 1 PM <i>Hands-only CPR/AED Training</i> , EMR 1 PM Mahjong, TAH 2 PM Cribbage, Atrium P-3 2 PM Special Programming 2 PM Depart: Costco Shopping 6:15 PM Depart: Seattle Opera 6:30 PM Depart: Village Theatre, Issaquah 7 PM Pinochle, TAH 9 PM Special Programming	 8:15 AM Fitness Trifecta 12 10 AM Bible Study, SAM & AVR 11 AM <i>Holy Family Youth Bell Choir</i> , EMR  1 PM <i>Osher-UW Lecture: Escavating Dinosaurs in Montana</i> 2 PM Special Programming 4 PM Atrium P3 Party 7 PM Poker CAS 9 PM Special Programming	 8:15 AM Fitness Trifecta 13 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Grant's Live Chat, EMR  2 PM Special Programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 7 PM Issaquah Singers Musical Performance: <i>Friendship</i> , EMR 9 PM Special Programming	 8:15 AM Fitness Trifecta 14 10 AM Lawn Bowling 12 PM Depart: Village Theatre, Issaquah 2 PM Special Programming 2 PM Easy Cards & Games, CAS 6:45 PM Movie: <i>The Frisco Kid</i> 9 PM Special Programming
 8:15 AM Fitness Trifecta 15 10:15 AM Depart: BelPres 11 AM Livestream Bel Pres Worship Service, AVR & SAM 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming	 8:15 AM Fitness Trifecta 16 9:30 AM Depart: Dinos Alive, Seattle 10 AM Depart: Grocery Shopping Trip 1 PM Monday Painters, CAS 1 PM Women's Carepartner Connect, SAM 1 PM Depart: Bellevue Square, shopping 1:30 PM Depart: Pickleballers for Courts 2 PM Special Programming 3 PM Films to Think About: <i>Another Year</i> , EMR  7 PM Duplicate Bridge, AVR & SAM 9 PM Special Programming	 8:15 AM Fitness Trifecta 17 10 AM New Residents Orientation: Dining, <i>Madrona</i> 11 AM <i>After the Fall</i> , EMR 1 PM Tuesday Crafters, CAS 1:30 PM Readers' Theatre Group, AVR 2 PM Special Programming 3:30 PM Let's Line Dance!, FS 9 PM Special Programming	 8:15 AM Fitness Trifecta 18 10 AM Railroad Group, CAS 10 AM Lawn Bowling 11 AM <i>After the Fall</i> , AL TV 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 1 PM Parkinson's Carepartner Support, SAM 1 PM Brands We Love: Schwinn, EMR 2 PM Let's Play wii Bowling, AVR 2 PM Cribbage, Atrium P-3 2 PM Special Programming 3 PM HBO: <i>The Gilded Age</i> , EMR  4 PM Atrium H1 Party 7 PM Pinochle, TAH 9 PM Special Programming	 8:15 AM Fitness Trifecta 19 8:30 AM Buildings & Grounds, BR 9:30 AM Depart: Seattle Rep, Selling Kabul 10 AM Bible Study, SAM & AVR 2 PM Special Programming 2 PM Ukelele Chorus, EMR 6:45 PM Movie: <i>Respect</i> 9 PM Special Programming	 8:15 AM Fitness Trifecta 20 10 AM Depart: Grocery Shopping Trip 10 AM Catholic Communion Service, AVR 1 PM Depart: Elysian Capitol Hill Brewery, Seattle 1 PM Grant's Live Chat, EMR  2 PM Special programming 2:30 PM Hand & Foot Canasta, TAH 3 PM Education for Enjoyment, <i>Years That Changed History 1215</i> , AVR & SAM 7:30 PM May Birthdays featuring <i>Ronni & the X-Statics</i> , EMR  9 PM Special Programming	 8:15 AM Fitness Trifecta 21 10 AM Lawn Bowling 2 PM Special Programming 2 PM Mexican Train, CAS 9 PM Special Programming

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

22
 8:15 AM Fitness Trifecta
10:15 AM Depart: BelPres
 11 AM Livestream Bel Pres
 Worship Service, EMR
 2 PM Special Programming
 4 PM Worship Service with
 Chaplain Waltner, EMR
 9 PM Special Programming

23
 8:15 AM Fitness Trifecta
10 AM Depart: Grocery Shopping Trip
 1 PM Monday Painters, CAS
1:30 PM Depart: Pickleballers for Courts
2 PM Welcome Aboard, PAV & Courtyard
 2 PM Special Programming
 7 PM Duplicate Bridge, Copper & Hook
 9 PM Special Programming

24
 8:15 AM Fitness Trifecta
 10 AM New Residents Orientation: Marketing, TAH
 1 PM Tuesday Crafters, CAS
 3 PM Dr. David Smith: Mormonism EMR
 2 PM Special Programming
4 PM Atrium P1 Party
 7 PM Mary Lou Sanelli: *Crow, A Tribute to the Birds We Love*, EMR
 9 PM Special Programming

25
 8:15 AM Fitness Trifecta
 10 AM Garden Railroad Group, CAS
 10 AM Lawn Bowling
 11:30 AM Community Prayer, Chapel
 1 PM Mahjong, TAH
 1 PM *The New Air Force One: Flying Fortress*
 2 PM Cribbage, Atrium P-3
 2 PM Special Programming
 3 PM HBO: *The Gilded Age*, EMR♦
 7 PM Pinochle, TAH
 9 PM Special Programming

Deadline for subscribing to Seattle Pops, Seattle Masterworks and Village Theatre 2022/2023 Season

26
 8:15 AM Fitness Trifecta
 10 AM Bible Study, SAM only
 10 AM New Residents Orientation: Accounting, TAH
 1 PM *Becoming Warren Buffett*
 1 PM Knitwits, LR
 2 PM Special Programming
 4 PM *Palliative Care*, EMR
 6:45 Movie:
 7 PM Poker CAS
 9 PM Special Programming

27
 8:15 AM Fitness Trifecta
10 AM Depart: Grocery Shopping Trip
 9 AM Placing Flags on EH campus, LR
 10 AM Catholic Mass, EMR
 11 AM Episcopal Service and Communion, Chapel
12 PM Fun Food Friday: Ooba Tooba Mex Grill, LR
 1 PM Grant's Live Chat, EMR♦
 2 PM *Memorial Day Music: Lifting the American Spirit!*
 2:30 PM Hand & Foot Canasta, TAH
 3 PM Education for Enjoyment, *Years That Changed History 1215* EMR
4:45 Last Friday Social, EMR
 9 PM Special Programming

28
 8:15 AM Fitness Trifecta
 10 AM Lawn Bowling
 2 PM Special Programming
 2 PM Easy Cards & Games, CAS
 6:45 PM Movie: *The Unsinkable Molly Brown*
 9 PM Special Programming

29
 8:15 AM Fitness Trifecta
10:15 AM Depart: BelPres
 11 AM Livestream Bel Pres
 Worship Service, AL TV
 2 PM Special Programming
 4 PM Worship Service with
 Chaplain Waltner, EMR
 9 PM Special Programming

30
 8:15 AM Fitness Trifecta
 1 PM Monday Painters, CAS
 2 PM Special Programming
 7 PM Duplicate Bridge, Copper & Hook
 9 PM Special Programming

31
 8:15 AM Fitness Trifecta
 10 AM Men's Carepartner Connect, SAM
 1 PM Tuesday Crafters, CAS
 2 PM Special Programming
 7:30 PM, Poker, CAS
 9 PM Special Programming

- EH Meeting Spaces and Room Key:**
- Emerald Room EMR
 - Avondale Room AVR
 - Sammamish Room SAM
 - Pavilion PAV
 - Creative Arts Studio CAS
 - Tahoma Room TAH
 - Board Room BR
 - Coffee Shop CS
 - Living Room LR
 - Fitness Studio FS
 - AL TV Room AL TV

TBD = Location To Be Determine.
Check for Daily Schedule and slides on Channel 370 & Events Calendar in the Portal for most current information

