


2022

(1.) Events are on Channel 370 unless otherwise noted; (2.) ♦ = events shown in Emerald Room but also shown on Channel 370; (3.) Bold indicates an off Campus event or special notice! (4.) Fitness Trifecta, 8:15 AM to 10:30 AM {8:15 AM Sunrise Fitness; 9 AM Posture and Balance and 10 AM Seated Zumba Gold}.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>8:15 AM Fitness Trifecta</p> <p>11 AM Livestream Bel Pres Worship Service, EMR & AL TV</p> <p>1 PM Seahawks vs. Saints, Copper & Hook</p> <p>1:30 PM DEPART: Washington Wind Symphony: Magic Moments Concert</p> <p>2 PM Special Programming</p> <p>4 PM Worship Service with Chaplain Waltner, EMR</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10:30 AM Medical Resident Social Hour EMR</p> <p>1 PM Monday Painters, CAS</p> <p>1:30 PM Pickleball</p> <p>2 PM Special Programming</p> <p>2 PM Helping Hopelink BINGO, EMR</p> <p>7 PM Duplicate Bridge, Copper & Hook</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10:30 AM Keeping Our Spirits Up, SAM</p> <p>1 PM Tuesday Crafters, CAS</p> <p>1 PM Alzheimers & Dementia Support Group, SAM</p> <p>1:30 PM Readers' Theatre Group, TAH</p> <p>2 PM Special Programming</p> <p>2:30 PM Movie Matinee, <i>Elvis</i>, EMR</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Garden Railroad, CAS</p> <p>10:30 AM <i>The Milk System</i></p> <p>11:30 AM Community Prayer, Chapel</p> <p>1 PM Mahjong, TAH</p> <p>2 PM Cribbage, Atrium P-3</p> <p>2 PM Special Programming</p> <p>2 PM AARP Speakers Bureau: <i>Vigilance Against Cybercrime</i>, EMR♦</p> <p>7 PM Pinochle, TAH</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Bible Study, SAM & AVO</p> <p>10:30 AM <i>Evergreen Speech & Hearing</i>, TAH</p> <p>10:30 AM <i>Eat Me (Or Try Not To): The Supply Chain</i></p> <p>2 PM Special Programming</p> <p>2 PM Ukulele Chorus Sing-A-Long, LR</p> <p>2 PM New Residents Orientation: Health Services, TAH</p> <p>6:45 PM Movie: <i>Music of the Heart</i></p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10 AM Catholic Communion Service, EMR</p> <p>10 AM Scrabble, TAH</p> <p>10 AM Thrift Shop Sale, Thrift Shop</p> <p>1 PM DEPART: Wing Luke Museum of the Pacific American Experience</p> <p>1 PM Grant's Live Chat, EMR♦</p> <p>2 PM Special Programming</p> <p>2:30 PM Hand & Foot Canasta, TAH</p> <p>3 PM Education for Enjoyment: <i>Symphony</i>, EMR</p> <p>3 PM Happy Hour, Copper & Hook</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>2 PM Special Programming</p> <p>2 PM Mexican Train, CAS</p> <p>9 PM Special Programming</p>
<p>8:15 AM Fitness Trifecta</p> <p>11 AM Livestream Bel Pres Worship Service, EMR & AL TV</p> <p>1 PM Seahawks vs. Saints, Copper & Hook</p> <p>1:30 PM DEPART: Washington Wind Symphony: Magic Moments Concert</p> <p>2 PM Special Programming</p> <p>4 PM Worship Service with Chaplain Waltner, EMR</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10:30 AM Medical Resident Social Hour EMR</p> <p>1 PM Monday Painters, CAS</p> <p>1:30 PM Pickleball</p> <p>2 PM Special Programming</p> <p>2 PM Helping Hopelink BINGO, EMR</p> <p>7 PM Duplicate Bridge, Copper & Hook</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>9:00 AM KCLS books arrive, TAH</p> <p>10:30 AM IL Residents' Association Annual Meeting, EMR♦</p> <p>1 PM Tuesday Crafters, CAS</p> <p>1:30 PM Trips and Events Committee Meeting, TAH</p> <p>2 PM Special Programming</p> <p>3 PM Dr. Smith: <i>Mormonism</i>, EMR</p> <p>4 PM Atrium E Party, E Atrium</p> <p>4 PM Atrium P3 Party, P3 Atrium</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM New Residents Orientation: Resident Services, TAH</p> <p>10 AM Garden Railroad, CAS</p> <p>11:30 AM Community Prayer, Chapel</p> <p>1 PM Mahjong, TAH</p> <p>1 PM Osher UW: <i>Civil Conversation in an Angry age</i></p> <p>2 PM Cribbage, Atrium P-3</p> <p>2 PM Special Programming</p> <p>7 PM Pinochle, TAH</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>9 AM Emerald Heights Annual Toy Show, EMR</p> <p>10 AM Bible Study, SAM</p> <p>2 PM Special Programming</p> <p>2:15 PM DEPART: Einstein Elementary School: Veterans Day Assembly</p> <p>3 PM Spiritual Life Committee Book of the Month Club, Chapel</p> <p>6:30 PM DEPART Seattle Symphony Tan Don Buddha</p> <p>7 PM Poker CAS</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Catholic Communion Service, EMR</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10 AM Scrabble, TAH</p> <p>1 PM Depart: The Museum of Flight</p> <p>2 PM Special Programming</p> <p>2:30 PM Hand & Foot Canasta, TAH</p> <p>3 PM Education for Enjoyment: <i>Symphony</i>, EMR</p> <p>3 PM Happy Hour, Copper & Hook</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>2 PM Special Programming</p> <p>2 PM Easy Cards & Games, CAS</p> <p>6:45 PM Movie: <i>Hidden Figures</i></p> <p>7 PM Veteran's Day Entertainment: <i>Sentimental Journey, Songs from WWII</i>, EMR</p> <p>9 PM Special Programming</p>
<p>8:15 AM Fitness Trifecta</p> <p>11 AM Livestream Bel Pres Worship Service, EMR & AL TV</p> <p>2 PM Special Programming</p> <p>4 PM Worship Service with Chaplain Waltner, EMR</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10:15 AM DEPART: National Weather Services Docent Tour</p> <p>10:30 AM EH Quilters, Atrium H-3</p> <p>1 PM Monday Painters, CAS</p> <p>1 PM Depart: Alderwood Mall Shopping</p> <p>1:30 Pickleball</p> <p>2 PM Special Programming</p> <p>3 PM Films to Think About: <i>The Secret of Kells</i>, EMR♦</p> <p>7 PM Duplicate Bridge, Copper & Hook</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM New Residents Orientation: Dining, Copper & Hook</p> <p>10:30 AM Computer Open Forum: Q & A, SAM</p> <p>1 PM Tuesday Crafters, CAS</p> <p>1:30 PM Readers' Theatre Group, TAH</p> <p>2 PM Special Programming</p> <p>3:30 PM Let's Line Dance!, FS</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM, Garden Railroad, CAS</p> <p>11:30 AM Community Prayer Service, Chapel</p> <p>1 PM Parkinson's Carepartner Support, SAM</p> <p>1 PM Osher UW Lecture: <i>Frankenstein: A Revisionist History</i></p> <p>1 PM Mahjong, TAH</p> <p>2 PM Cribbage, Atrium P-3</p> <p>2 PM Special Programming</p> <p>2 PM Depart: Costco Shopping</p> <p>3:45 DEPART: Bella Bladucci's Mediterranean Cuisine</p> <p>7 PM Pinochle, TAH</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Bible Study, SAM & AVO</p> <p>10:30 AM Power of Plants: <i>Escaping Predators and the Elements</i></p> <p>11 AM Sweety's Painting Class, CAS</p> <p>11 AM Rehab Presentation: <i>The Relationship Between Hearing Loss and Cognition</i>, EMR</p> <p>2 PM Ukulele Chorus Rehearsal, EMR</p> <p>2 PM Special Programming</p> <p>6:45 PM Movie: <i>From here to Eternity</i></p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>10 AM Depart: Grocery Shopping Trip</p> <p>10 AM Catholic Communion Service, EMR</p> <p>10 AM Scrabble, TAH</p> <p>1 PM DEPART: Brew Pub Trip: Pint and Pie Public House</p> <p>1 PM Grant's Live Chat, EMR♦</p> <p>2 PM Special Programming</p> <p>2 PM Advance Care Planning Workshop, BR</p> <p>2:30 PM Hand & Foot Canasta, TAH</p> <p>3 PM Education for Enjoyment: <i>Symphony</i>, EMR</p> <p>3 PM Happy Hour, Copper & Hook</p> <p>7:30 PM November Birthday Celebration: <i>Vocal Vintage</i>, EMR♦</p> <p>9 PM Special Programming</p>	<p>8:15 AM Fitness Trifecta</p> <p>2 PM Special Programming</p> <p>2 PM Mexican Train, CAS</p> <p>6:15 PM DEPART: Good Day Sunshine Performing The Beatles' Revolver Album</p> <p>9 PM Special Programming</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p style="text-align: right;">20</p> <p>8:15 AM Fitness Trifecta 11 AM Livestream Bel Pres Worship Service, EMR & AL TV 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming</p>	<p style="text-align: right;">21</p> <p>8:15 AM Fitness Trifecta 10 AM Depart: Grocery Shopping 1 PM Monday Painters, CAS 1 PM Women's Carepartner Connect, SAM 1 PM King Charles III: <i>A Modern Monarch</i> 1:30 PM Pickleball 2 PM Special Programming 7 PM Duplicate Bridge, Copper & Hook 9 PM Special Programming</p>	<p style="text-align: right;">22</p> <p>8:15 AM Fitness Trifecta 10 AM New Residents Orientation: Marketing, TAH 1 PM Tuesday Crafters, CAS 2 PM Special Programming 3 PM Dr. Smith: <i>Mormonism</i>, EMR 9 PM Special Programming</p>	<p style="text-align: right;">23</p> <p>8:15 AM Fitness Trifecta 10 AM Garden Railroad, CAS 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 2 PM Cribbage, Atrium P-3 2 PM Special Programming 6:30 PM Depart: Village Theater: Cinderella 7 PM Pinochle, TAH 9 PM Special Programming</p>	<p style="text-align: right;">24</p>  <p>8:15 AM Fitness Trifecta 1 PM Knitwits, Atrium E 2 PM Special Programming 7 PM Poker, CAS 9 PM Special Programming</p>	<p style="text-align: right;">25</p> <p>8:15 AM Fitness Trifecta 10 AM Depart: Grocery Shopping Trip 10 AM Scrabble, TAH 10 AM Catholic Mass, EMR 11 AM Episcopal Service and Communion, Chapel 2 PM Special Programming 2:30 PM Hand & Foot Canasta, TAH 9 PM Special Programming</p>	<p style="text-align: right;">26</p> <p>8:15 AM Fitness Trifecta 2 PM Special Programming 2 PM Easy Cards & Games, CAS 6:45 PM Movie: <i>Around the World in 80 Days</i> 9 PM Special Programming</p> <p>Note: Apple Cup Football Game—Time and Location TBD</p>
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<p style="text-align: right;">27</p> <p>8:15 AM Fitness Trifecta 11 AM Livestream Bel Pres Worship Service, EMR & AL TV 1 PM Seahawks vs. LA Chargers, Copper & Hook 2 PM Special Programming 4 PM Worship Service with Chaplain Waltner, EMR 9 PM Special Programming</p>	<p style="text-align: right;">28</p> <p>8:15 AM Fitness Trifecta 10 AM Depart: Grocery Shopping Trip 1 PM Monday Painters, CAS 1:30 PM Pickleball 2 PM Special Programming 4 PM Holiday Tree Lighting, LR, Harry Wilson Circle, & Channel 370 7 PM Duplicate Bridge, Copper & Hook 9 PM Special Programming</p>	<p style="text-align: right;">29</p> <p>8:15 AM Fitness Trifecta 10 AM Men's Carepartner Connect, SAM 1 PM Tuesday Crafters, CAS 1:30 PM Emerald Heights Choral and Ukulele Chorus - Dress Rehearsal: The Sound of Music, EMR 2 PM Special Programming 6:30 PM DEPART: UW School of Music: Concert and Campus Bands 7:00 PM, Poker, CAS 9 PM Special Programming</p>	<p style="text-align: right;">30</p> <p>8:15 AM Fitness Trifecta 10 AM Garden Railroad, CAS 11:30 AM Community Prayer, Chapel 1 PM Mahjong, TAH 2 PM Cribbage, Atrium P-3 2 PM Special Programming 3 PM Braver Angels: <i>Reuniting America</i>, EMR♦ 7 PM Pinochle, TAH 9 PM Special Programming</p>			
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EH Meeting Spaces and Room Key:		Fitness Studio	FS
Emerald Room	EMR	AL TV Room	AL TV
Avondale Room	AVO		
Sammamish Room	SAM		
Pavilion	PAV		
Creative Arts Studio	CAS		
Tahoma Room	TAH		
Board Room	BR		
Coffee Shop	CS		
Living Room	LR		

TBD = Location To Be Determined. Check for Daily Schedule and slides on Channel 370 & Events Calendar on the Portal for the most current information.